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MARY THE FIRST LIVING TABERNACLE



Bishop Peter Houhou

**Dear Brothers and Sisters in the Risen Lord:
The month of May is dedicated to our "DEARLY BELOVED MOTHER MARY."**

As we journey throughout this month, let us reflect upon the Gospel according to Luke 1: 18 - 38. The story is about when Angel Gabriel came to Mary and announced to her that she would conceive in her womb and bear a Son, and you must name him Jesus. He will be great and will be called Son of the Most High.

"You see before you the Lord's servant, let it happen to me as you have said." And the angel left her.

Since this year is the year of the Eucharist, reflecting on the above text, it helps us to see that our beloved Mother Mary is the First Living "TABERNACLE" of his son Jesus. In the Parish Churches in all our parishes and in the Cathedrals in our three Dioceses, we also have TABERNACLE, a dwelling place of the Living Jesus among us in the Sacrament of the EUCHARIST. Every Mass you attend, during Holy Communion, that very moment you too become a Tabernacle, Jesus comes into your life to feed you spiritually

Though the Intercession of Mary, the First Living Tabernacle of Jesus, His Son. May the Blessing of the Father and of the Son and the Holy Spirit be with you all to Love and to have Faith in Jesus in the Real Presence of Jesus in the Sacrament of the Eucharist.

Bishop Peter Houhou.

Each one of us too are to be a TARBENACLE in Bishop Peter Houhou
Catholic Diocese of Gizo



Luke 1: 18 - 38 "In the sixth month the angel Gabriel was sent by God to a town in Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the House of David; and the virgin's name was Mary. He went in and said to her, "Rejoice, you who enjoy God's favor! The Lord is with you." She was deeply disturbed by these words and asked herself what this greeting could mean, but the angel said to her, "Mary, do not be afraid; you have won God's favor. Look! You are to conceive in your womb and bear a Son, and you must name him Jesus. He will be great and will be called Son of the Most High. The Lord God will give him the throne of his ancestor David; he will rule over the House of Jacob forever, and his reign will have no end." Mary said to the angel, "But how can this come about, since I have no knowledge of man? The angel answered, "The Holy Spirit will come upon you, and the power of the Most High will cover you with its shadow. And so the child will be holy and will be called Son of God. And I tell you this too; your cousin Elizabeth also, in her old age, has conceived a son, and she, whom people called barren, is now in her sixth month, for nothing is impossible to God. Mary said,

POPE'S PRAYER FOR FOOD



VATICAN
NEWS

**Pope's May Prayer Intention:
'That Everyone Might have Food'**



Pope Leo XIV releases his prayer intention for the month of May, and invites Catholics to pray that everyone might have food, as he highlights how millions of brothers and sisters continue to suffer from hunger while so much food is wasted.

Pope Leo XIV has urged Catholics across the globe to join him this May in praying that everyone might have food.

He released the monthly "Pray with the Pope" video on Thursday, which is prepared by the Pope's Worldwide Prayer Network.

In his prayer, the Pope recognized with sorrow that millions of brothers and sisters continue to suffer from hunger.

Lamenting that so many goods are wasted at our tables, Pope Leo prayed that the Lord may "awaken in us a new awareness: that we learn to give thanks for every food, to consume simply, to share with joy, and to care for the fruits of the earth as a gift from You, destined for all, not just a few."

He prayed that Jesus make us capable of "transforming the logic of selfish consumption into a culture of solidarity," through our communities by promoting concrete gestures, including awareness campaigns, food banks, and a sober and responsible lifestyle.

"You who sent us Your beloved Son Jesus, broken bread for the life of the world," Pope Leo prayed, "give us a new heart, hungry for justice and thirsty for fraternity."

Pope Leo concluded by praying, "may no one be excluded from the common table, and may Your Spirit teach us to see bread not as an object of con-

sumption but as a sign of communion and care. Amen."

A global issue

According to the World Food Programme's 2026 Global Outlook, 318 million people will face food crisis or even worse situations this year.

The agency warns that the conflict in the Middle East could push an additional 45 million people into facing dire hunger before the middle of this year.

In a press release accompanying the video, Fr. Cristóbal Fones, international director of the Pope's Worldwide Prayer Network, said the intention is very significant.

"This intention," he said, "comes from the Pope's heart. It pains him deeply that so many people in the world cannot access something as essential and human as food. This is why he is asking everyone not to remain indifferent but to take decisive action, first with prayer, then with concrete gestures of solidarity."

Pray with the Pope

In the name of the Father, and of the Son, and of the Holy Spirit. Amén.

Lord of creation,

You gave us the fertile earth and, with it, our daily bread, as a sign of Your love and providence.

Pope's Message Continue

POPE'S MESSAGE CONTINUE



Pope's Message from previous

Today we recognize with sorrow that millions of brothers and sisters continue to suffer from hunger, while so many goods are wasted at our tables. Awaken in us a new awareness: that we learn to thank for every food, to consume simply, to share with joy, and to care for the fruits of the earth as a gift from You, destined for all, not just a few. Good Father, make us capable of transforming the logic of selfish consumption into a culture of solidarity. May our communities promote concrete gestures: awareness campaigns, food banks, and a sober and responsible lifestyle. Amen



The Blessed Virgin Mary, Mother of the Church (25th Monday)

The Blessed Virgin Mary is honored as Mother of the Church, a title recognizing her spiritual motherhood over all Christians, rooted in her role as the mother of Jesus and confirmed by the Church's tradition and papal declarations.



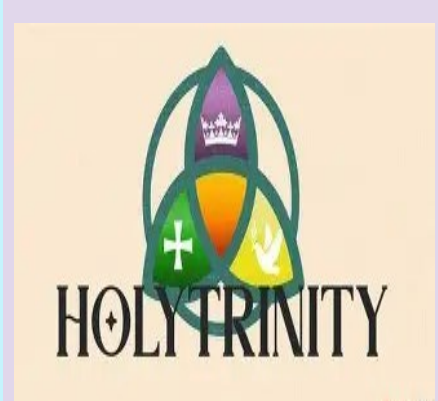
**Ascension of the Lord
17th of Sunday of May**



**Pentecost Sunday
24th Sunday of May**



**The Most Holy Trinity
31st Sunday of May**



PASTORAL NEWS IN BITS

Year of the Eucharist, while Gizo Cathedral continues Talks.



St. Peter's Cathedral in Gizo has continued its Catechism of the Eucharist every Sunday to commemorate the year of the Eucharist.

The Catechism program commenced during the Divine Mercy Sunday celebration on April 12th, when our bishop delivered a 10-minute address on the Eucharist.

One of the most insightful speeches from Bishop Peter Houhou focused on the Eucharist, emphasizing its origins in the Old Testament and its fulfillment in the New Testament.

He underscored that the Eucharist is considered the "source and summit" of the Christian faith, symbolizing the true presence of Christ and serving as the foundation for spiritual nourishment and community. Furthermore, he discussed the forbidden fruit in the Garden of Eden and the fruit from the womb of our Mother Mary, which grants life to all believers.

The following Sunday, Fr. Henry Paroi OP proceeded with his discourse on the nature of the Eucharist and its significance to us. The Catechism of the Eucharist will continue on the subsequent Sunday.

Two days Youth Leadership Training, St Peter's Youth Successful.

St. Peter's parish has successfully conducted a two-day leadership training for its youth, held from May 2nd to May 3rd.

The program aims to empower participants by equipping them with the skills and confidence to lead effectively and positively impact communication within their communities and society.

The training was facilitated by our priests, FMA Sisters, along with the youth animators, Fatima and Concita Abito.



Catechists and Prayer leaders successfully.



Catechists and prayer leaders have successfully engaged in a three-day event held at the Jerome Kuibatu conference center in Batania, Gizo.

Participants included various leaders from St. Peter's Parish, representing several areas around Gizo Island.

We extend our gratitude to the Pastoral Coordinator, Mr. Augustine Kasiava, for his efforts in organizing this program at the parish level.

CYCLONE MAILA HEALTH EFFECTS

Health Issue arise after the effects of Cyclone Maila.



An increasing number of individuals in the impacted regions have been reported to be suffering from trauma as a result of Cyclone Maila, which has devastated their village.

The consequences of Cyclone Maila have significantly affected their mental well-being, resulting in various emotional reactions. Initially, they experience shock and disbelief, often feeling numb or disconnected from reality following the incident.

The loss of their homes and livelihoods has also led to feelings of depression and hopelessness. Some individuals express anger and frustration, which has made it difficult for many to compromise with one another.

A greater number of them are attempting to visit their gardens, yet they find themselves lacking motivation, as fallen trees obstruct their access.

Many individuals feel a sense of helplessness, and there is a prevailing belief that the recovery efforts may be slow or insufficient.

In certain areas of Shortland Island where the majority of our parishioners reside, part of South Choiseul, as well as among Catholic families from the southern regions of Ranoggah Island who have endured trauma, there are emerging signs of communicable diseases.

THE EUCHARIST

The Eucharist is the sacrament in which Catholics believe the bread and wine truly become the body and blood of Jesus Christ, celebrated as both a sacrifice and a thanksgiving.



Meaning and Significance

The term "Eucharist" comes from the Greek word Eucharistic, meaning "thanksgiving". In Catholic teaching, the Eucharist is considered the source and summit of Christian life because it unites believers with Christ and with one another. It is not merely symbolic; Catholics believe in the Real Presence, meaning that Jesus Christ is truly, really, and substantially present—body, blood, soul, and divinity—under the appearances of bread and wine. This transformation of the substance of bread and wine into Christ's body and blood is called transubstantiation, while the outward appearances (taste, color, shape) remain unchanged.

ND NEWS IN BITS

Pemba Zone Help Support Catechist Workshop.



Pemba zone from the St. Dominic Parish has catered to the Catechist and the Prayer Leaders workshop on April 23 as part of the community contribution to help support their parish.

The program was held at Otopanda village, where the parish expressed gratitude to the facilitators who presented during the day's program.

Additionally, the program coordinator extended thanks to Fr. Ben for his presence at the Thanksgiving Mass, and the Pemba zone communities.

Mama Mary Sculpture Visitation signifies that Mary is presence among us.



St. Joseph Moli parish has initiated its program to fulfill its commitment to have Mama Mary's sculpture visit their zones.

Her pilgrimage commenced from Zone 3 with a Thanksgiving Mass celebration presided over by Fr.



Willy Mau before the sculpture departed from the Station.

The sculpture will visit each zone within the parish, symbolizing Mama Mary's presence, enabling everyone to draw nearer to Mary for intercession, and offering an opportunity for all to connect more closely with the church.

At the end of May, she returned to the station, leaving behind a symbol that Mary is also alongside her Son for us.

The theme: Mary, Causes of Joy, Mama Mary, pray for us.

Zone 1 Achieves Four Thousand Five Hundred in Fundraising.



Zone 1, the Holy Rosary Parish, successfully raised \$4,500 by the end of last weekend of April. Their fundraising efforts included the sale of prepared meals, card games, and other activities.

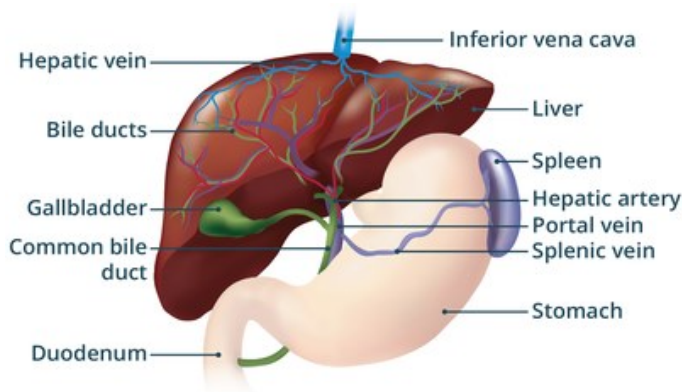
The chairperson expressed gratitude to all who contributed to the fundraising efforts.

The initiative will persist in providing support for their annual program.

ALL ABOUT, WHAT IS LIVER?

<https://www.healthdirect.gov.au/liver>

THE LIVER



Key facts

- The liver is located under your ribcage on the right side of your body. It's one of the largest organs in your body.
- It has many important functions, including making and storing sugars and fat to be used for energy, producing bile and cleansing your blood of toxins.
- There are ways you can keep your liver healthy, including limiting alcohol, maintaining a healthy diet, keeping physically active and practising safe sex.
- If you are at a higher risk of liver disease due to your age, alcohol use or a medical condition,

ask your doctor about having a liver check. There's no evidence that liver 'detox programs' or 'liver cleanses' improve your health.

What is the liver?

The liver is one of the largest organs in your body. It sits under your ribcage on the right side of your body and weighs just over 1kg.

The liver is divided into 2 main sections called lobes.

The liver receives blood from 2 sources:

- The hepatic artery carries blood to the liver from the heart.

The portal vein carries blood to the liver from the digestive organs (gut).

After the liver processes the blood, it travels from the liver back to the heart via the hepatic vein.

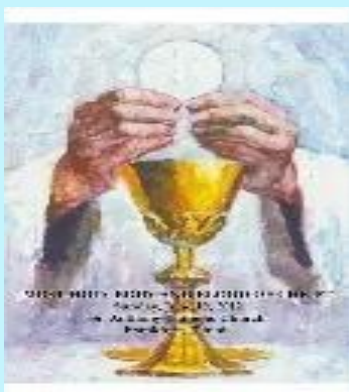
The liver makes bile, a yellow-green substance that helps your body digest food by breaking down fat. The bile gets stored in the gallbladder and passes to the small intestine (gut) via the bile duct.

Liver tissue can repair itself and regrow (regenerate) after being damaged. This means that you only need a small amount of healthy liver tissue to function normally. But if damage is ongoing or severe, the liver may become scarred, and you may start to experience symptoms of liver disease.

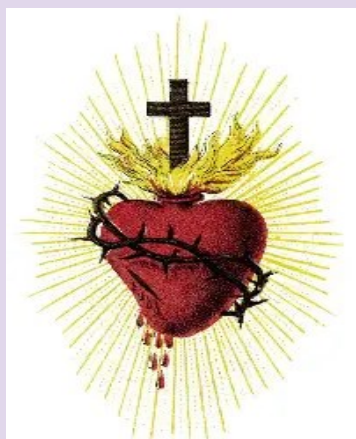
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UPCOMING SOLEMNITY FOR JUNE 2026

Feast of Corpus Christi (7th July, Sunday)



The Most Sacred Heart of Jesus (12 July, Friday)



Saint Peter and Saint Paul Feast day (June 29)

