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Bishop's July Message: Holiness



	2 August
	Feast St Eusibius
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Gaudete et Exultate: Apostolic letter of Pope Francis on Holiness

Rejoice and be glad: this is the title of the letter of the holy father inviting us to Holiness... Let me insist on it for this month too... Nothing is more important than our holiness, because <u>"it is the will of God that we become</u> <u>Hcly"</u>

Pepe Francis then shows us the way to become holy today, by living our lives as a gift of God for others...in our daily lives...minute after minute... (just as he is showing us with his life) This is a sort of MANUAL FOR HOLINESS MADE EASY FOR EACH ONE OF US SIMPLE PEOPLE The first thing in Holiness is to be our selves truly and fully as we are, as God made us... So we need to discern and find out: <u>"What did God create in me that makes me fully alive and Holy? what is the best way for me to become</u> Holy?

- This we can discover in the prayer of discernment, reflection, meditation, following the example of many simple saints God sent us in history: mother Teresa, St Theresa, Filip Neri, St Vincent...and many others (Dominic Savio, don Bosco...)
- Once we know the giftedness God has given us then we can start a journey
- We are not heroes, we have our limitations and our mistakes, yet we can always get up and continue the journey with faith and

courage because "falling down does not make us a failure but staying down yes"

and "Saints are the sinners who keep on trying" because "there is no saint without a past nor a sinner without a future"

The journey is a response to the grace of God,

- He alone can make us saints through his grace, the Holy Spirit in our daily simple decisions and experiences of live wherever we are...
- There are people who think they can become saints by themselves, by what they know and do.
- The grace of God works only when we accept it and respond to it: every day, in every minute of our simple life, with a smile on our face... because we believe we are not alone
- For this it is important for us to be cheerful and happy always: there are no sad saint
- Sanctity makes us happy persons with a clean eye and heart, showing kindness compassion and forgiveness, crying with those who cry, with patience with every one, with joy and courage and... a smile

<u>At the same time, we have to fight the enemy</u> of holiness on the way...sin...

With all its temptations and false promises... Striving for holiness even though we never catch up with it will make us passionate missionaries of His kingdom

For you a bishop with you a friend Bp Luciano Capelli, sdb Gizo Diocese

The Waves Newsletter Catholic Diocese of Gizo.



DIOCESE MESSAGE: Vocation Month

"Journey together as one people, Nation in love, peace and Joy"



DIOCESE PROGRAMS COMING UP FOR THE YEAR 2018.

Media & Prayer leaders trainings—17th to 19th January for Northern deanery (Moli Pastoral Center)- <u>Cancelled</u>

Sunday school teachers training– 16th and 17th February for Southern deanery (Gizo)- <u>Cancelled</u>

Media & Prayer leaders trainings– 26th to 28th February for southern deanery (Wagina)-<u>Cancelled</u>

Priest Meeting number 1 Chrism Mass– 20th to 22 March (Gizo)- <u>done</u>

Catholic teachers workshop for northern and southern deaneries– 10th to 13th April (Gizo and Nila) *done*

Priest Retreat- 19th to 21st June (Gizo) done

Sunday school teachers training for northern deanery parishes—4th to 6th (Moli)

Priest meeting number 2– 18th to 20th September (Gizo)

November 12th—15th diocesan media training

YOUCAT (265)

Are all people called to marriage?

Not everyone is called to marriage. Even people who live alone can have fulfillment in life. To many of them Jesus shows a special way; he invites them to remain unmarried 'for the sake of the kingdom of heaven'

Many people who live alone suffer from loneliness, which they perceive only as a lack and a disadvantage. Yet a person who does not have to care for a spouse or a family also enjoys freedom and independence and has time to do meaningful and important things that a married person would never get to. Maybe it is God's will that he should care for people for whom no one else cares. Not uncommonly God even calls such a person to be especially close to him. This is the case when one senses a desire to renounce marriage 'for the sake of the kingdom of heaven.' Of course a Christian vocation can never mean despising marriage or sexuality. Voluntary celibacy can be practiced only in love and out of love, as a powerful sign that God is more important than anything else. The unmarried person renounces a sexual relationship but not love; full of longing he goes out to meet Christ the bridegroom who is coming. (Mt 25: 6)

HAPPENINGS IN OUR DIOCESE.

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Gizo

The Gizo parishioners, represented by youths and Sunday school children and their leaders welcomed Bishop Luciano Capelli with great smiles on his return from Italy where he underwent regular post chemotherapy check. He brought with



him from Italy a couple of volunteers an old friend Paola to assist the diocese in the development of education. On their arrival at

Nusatupe June 6, Gizo altar boys performed the warrior welcome while the youths garlanded them with beautiful flowers. The bishop of Gizo is now in good health again but will need a medical checkup overseas every six months.

Nila

Catechist Moris was awarded certificate from the parish priest of Nila Fr. Steven Te'e for his long term service in the church. Moris is now 90 years old, and lives at Nila with daughters and sons. A man whose wife died many years ago and continue with that mission as the catechist and now smiles as the church recognizes his hard work and sacrifices. This day 9th of June will be remembered by his families and by the church as an important day. This great man deserves sincere



words of thanks from his people and from the church. Thanks to Moris for sharing his gifts with the people of Shortland and with the church



Deacon Thomas Patavolomo Gizo Diocese Priest Retreat

The Clergy of Gizo diocese came together on the 19th – 22rd of June for their Annual retreat at Betania retreat centre. The retreat was preached by a Salesian priest from Melbourne, Fr. Elio. Sdb. The retreat gave the priests a moment to reflect on their vocation and mission as bearer of Christ to their parishioners and all the people of good will. The theme of the retreat can be described as: "Putting Christ at the center of all we do".

When Christ is in the center of our mission, we will fear nothing, and our relationship with God will grow stronger through reading the Scripture (Gospel), our involvement in the community, our prayer life and receiving the sacraments. This will make our service and mission a joyous one. At the



end of the recreat, the spirtual director chanks the preacher of the retreat Fr. Elio for his time and willingness to

accompany our priests for these days with the Lord. He also thanks the Bishop Rev. Luciano Capelli for the arrangement. Lastly he thanked the Priests for fulfilling their commitments and wishing them the best as they proceed on the mission again.

News In Bits

Fr. Ruben

The first Holy Communion of young boys and girls was very nice. They were total up to 38 all together and were aged between 13-16. My class mate



from Argentina sponsored them, sending gifts for their dressing.

Γhe first Holy Communion took place on the

10th of June Sunday where we also celebrated the day of our parish: The Sacred Heart of Jesus. The candidates were well prepared, spiritually with intensive lessons in catechism every day. The catechists Tebukewa and Berenato, worked with me side by side. We gave our candidates an opportunity for confession and all of them took that opportunity twice before their first holy communion.

After the mass, we had a party for them, with 7 cakes, baked by the Dominican Sister Antonia and the RTC girls. At midday the family lunch for the feast and in the evening we had the solemn torch procession with the image of the Sacred Heart of Jesus. Torch candles procession from Tengeangea community to the parish at around 18: 30.

The theme of this year was, "We honor and Adore The Real Presence of Jesus in the Eucharist.' May our honor and adoration to the lord Jesus brings blessings of peace and joy in our Christian communities.



Jerome. Kuibatu

In the month of July 2016 the couples of Christ minstry established itself in our diocese, it was introduced and formed by Dr. Steve and team. The

young ministry was then headed by Mr. Vincent Eria till mid May 2018 when Mr. Eria had to leave to serve in another province. Ogia was then elected as the new household leader assisted by Graylyn. Many thanks to Vincent Eria as a long term household leader of the ministry. The group meets every Fridays where they, give thanks and praise to the lord and maintaining the good deeds by inspiring one another, singing and praying together and at the end of the fellowship the meal is served for all members. Once in a month the so called prayer assembly takes place where all members of the ministry come together. This includes youth for Christ, kids for Christ, handmaids, singles for Christ and so forth. While Dr. Steve maintain his visit to the ministry once in three months. This ministry serves in building up a better relationship among the members of the church in family levels and highlights roles and duties of each family members in a household. Journey together as one people Nation in love, peace and joy is the message that is dedicated to us people of the diocese of Gizo in the month of July. It is a moment where we can choose acts of love, peace and joy and live by, for where there is love there will also peace and joy.

Voice of our Youths

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Rachel Eria Manioru

Diocesan youth coordinator

The youth encounter formation and the youth animation training is our diocesan program that provides an opportunity for the youths in our parishes to grow in faith and love of Christ among their peers. Thus, it provides a venue where they can



share, reflect exercise their God given spiritual gifts in a youthful environment. It will help :hem realize that

they need to come home at times. Home is the first school where we all first learn about life in its entirety and It is where one can found true joy and real happiness. The youth animation training is a beautiful formation for the young people. It is mainly a formation that forms the individual hearts of each young boys and girls by showing care and love to the children.

This short program will surely enable them to share among themselves their gifts and talents, because it brings them out from their inner self and share out the happiness and joy with others as they encaged to playing with the children in our communities. The recent week spent with the youths of the Sacred heart parish of Wagina was beautiful, through the love and care from their parish priest Fr. Ruben Quisver. Thanks to Wagina community for creating an environment were we can experience the joy of being young in Christ.

How to Teach Children to Have Positive Attitude

Step 3

Try to create a positive environment in your home by watching funny movies, telling jokes and stories. Explain to your children that just smiling and laughing can help shift your brain chemistry and make you feel good, according to the University of Wisconsin Hospitals and Clinics.

Step 4

Provide your children plenty of affection in the form of kind words, hugs, kisses, high fives and pats on the back.

Step 5

Help your children develop hobbies they are good at to increase their confidence. You can, for example, encourage your child who has a lovely singing voice, to take voice classes to help her develop her singing ability more.

Step 6

Encourage your children to keep a journal to keep

track of accomplishments and disappointments. When your child experiences a disappointment, have him reflect on the lessons he can take from the experience to avoid repeating the mistake in the future. Praise him for showing maturity and recognizing the lesson and for taking a proactive approach to mistakes instead of dwelling on them.

have to look forward. We dream much for our chil-

dren so as to help them dream much also for them-

that soar to fly high and see much the panorama of

selves, to instill in them the strength of an eagle

the landscape and the strength to catch its prey,

that is, to equip our students with competence,

compassion and courage to face the challenges of

today and the future. As the adage says, " we are

not there just to feed our children fish but to teach

them how to fish." The reality for our schools, look

so bright if we have to note, that our young have a

hopes and dreams for a better tomorrow, if accom-

panied properly and stewarded responsibly by our

teachers and supported much by our parents and

lot of their potentials to be able to realize their

EDUCATION 4 LIFE

For an Education to Value Against HIV/AIDS

St Don Bosco Nila, School director

Fr. Fhil Duaban

When I was asked, to write about my thoughts as a Rector of the Don Bosco Secondary School in Nila and Tuha, I took it to heart that this opportunity can be a blessing of looking with faith, hope and love my reflection in the educational institution. For at the outset, I deem it good that God's people may know and guided humbly to what it means to be a stakeholder in school, whether as teachers, students or parents.

In line with this profiling, what any stakeholder has to note are the variables of learning, leading and loving in planning, managing and directing a school, that to any good measure, how do we leverage, the compassionate response of any stake-

holder that would redound to the integrity, accountability and responsibility of each one in their God given dignity as to what stu-

...EQUIP OUR STUDENTS WITH COMPETENCE, COMPASSION AND COURAGE TO FACE THE CHAL-LENGES OF TODAY AND THE FUTURE.....

other contributors in the community. Our model Don Bosco is there to guide us if we imi-

dents must actively do in their integration as learners, what teachers must steward as mentors and what parents must support as collaborators in aiding the development of the schools' vision and mission. I truly believe, that our beloved bishop, most Rev, Luciano C. Capelli, SDB, DD, a true shepherd and steward for our Diocese has been always setting an inspiration and example of what we

tate the gesture of his commitment to truly care for the children with gentle patience, love and perseverance. He has set a true example, on how we have to win children's hearts with merciful compassion, influence their minds with the wisdom of the truth, guide their hands with untiring industriousness and enlighten their souls with faithful prayer.

.....to be continued (next issue)